

# SODALIS WACO JANUARY 2021



**SODALIS**  
WACO

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p><b>1</b> 9am Morning Stretches 10am Craft Corner 11am Puzzles 1pm One-on-One Time 2pm Bingo &amp; Snack 3pm Coffee Chat 5pm Walking Club 6pm Soft Music <i>NEW YEARS DAY!!!</i></p>	<p><b>2</b> 9am Morning Stretches 10am Picture Bingo 11am Chair Aerobics 2pm Afternoon Snack 3pm Coffee Chat 6pm Soft Music <i>International Stop Spam Day</i></p>
<p><b>3</b> 9am Morning Stretches 10am Church Service 11am Trivia 1pm Movie Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Inside Stroll 6pm Soft Music <i>Nat'l Fruitcake Toss Day</i></p>	<p><b>4</b> 9am Morning Stretches 10am Bible Trivia 11am Word Search 1pm Movie Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Board Games 6pm Soft Music <i>Nat'l Spaghetti Day</i></p>	<p><b>5</b> 9am Morning Stretches 10am Reminiscing Circle 11am Brain Busters 1pm One-on-One Time 2pm Snack Time 3pm Coffee Chat 5pm Puzzles 6pm Soft Music <i>Nat'l Bird Day</i></p>	<p><b>6</b> 9am Morning Stretches 10am Bible Study 11am Movie &amp; Manicures 1pm Fill in the Blank game 2pm Snack Time 3pm Coffee Chat 5pm Painting 6pm Soft Music <i>Nat'l Cuddle Up Day</i></p>	<p><b>7</b> 9am Morning Stretches 10am Play Ball 11am Walking Club 1pm Book Club 2pm Movie 3pm Coffee Chat 5pm Board Games 6pm Soft Music <i>Old Rock Day</i></p>	<p><b>8</b> 9am Morning Stretches 10am Craft Corner 11am Puzzles 1pm One-on-One Time 2pm Bingo &amp; Snack 3pm Coffee Chat 5pm Walking Club 6pm Soft Music <i>Nat'l Bubble Bath Day</i></p>	<p><b>9</b> 9am Morning Stretches 10am Noodle Ball 11am Hallmark Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Afternoon Stroll 6pm Soft Music <i>Nat'l Play God Day</i></p>
<p><b>10</b> 9am Morning Stretches 10am Church Service 11am Worship Music 1pm Puzzles 2pm Afternoon Snack 3pm Coffee Chat 6pm Soft Music <i>Peculiar People Day</i></p>	<p><b>11</b> 9am Morning Stretches 10am Would You Rather 11am Dance off 1pm One-On-One Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Indoor Bowling 6pm Soft Music <i>Nat'l Milk Day</i></p>	<p><b>12</b> 9am Morning Stretches 10am Pictionary 11am Walking Club 2pm Snack Time 3pm Coffee Chat 5pm Board Games 6pm Soft Music <i>Nat'l Hot Tea Day</i></p>	<p><b>13</b> 9am Morning Stretches 10am Bible Study 11am Word Search 1pm Memories 2pm Afternoon Snack 3pm Coffee Chat 5pm Puzzles 6pm Soft Music <i>Nat'l Rubber Duckie Day</i></p>	<p><b>14</b> 9am Morning Stretches 10am Golden Girls 11am Brain Busters 1pm Book Club 2pm Movie &amp; Snacks 3pm Coffee Chat 5pm Afternoon Stroll 6pm Soft Music <i>Nat'l Dress Up Your Pet Day</i></p>	<p><b>15</b> 9am Morning Stretches 10am Craft Corner 11am One-on-One Time 1pm Movie &amp; Manicures 2pm Bingo &amp; Snack 3pm Coffee Chat 5pm Board Games 6pm Soft Music <i>Nat'l Hat Day</i></p>	<p><b>16</b> 9am Morning Stretches 10am Bowling 11am Hallmark Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Afternoon Stroll 6pm Soft Music <i>Nat'l Nothing Day</i></p>
<p><b>17</b> 9am Morning Stretches 10am Church Service 11am Worship Music 1pm Puzzles 2pm Afternoon Snack 3pm Coffee Chat 6pm Soft Music <i>Ditch New Years Resolution Day</i></p>	<p><b>18</b> 9am Morning Stretches 10am Bible Trivia 11am Walking Club 1pm Word Search 2pm Afternoon Snack 3pm Coffee Chat 5pm Bean Bag Baseball 6pm Soft Music <i>Martin Luther King Jr B-Day</i></p>	<p><b>19</b> 9am Morning Stretches 10am Reminiscing Circle 11am Brain Busters 1pm One-on-One Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Painting 6pm Soft Music <i>Nat'l Popcorn Day</i></p>	<p><b>20</b> 9am Morning Stretches 10am Bible Study 11am Puzzles 2pm Movie &amp; Snack 3pm Coffee Chat 5pm Coloring 6pm Soft Music <i>Nat'l Cheese Lover Day</i></p>	<p><b>21</b> 9am Morning Stretches 10am Price is Right 11am Dance Off 1pm Book Club 2pm Afternoon Snack 3pm Coffee Chat 5pm Afternoon Stroll 6pm Soft Music <i>Nat'l Hugging Day</i></p>	<p><b>22</b> 9am Morning Stretches 10am Craft Corner 11am Walking Club 1pm Movie 2pm Bingo &amp; Snack 3pm Coffee Chat 5pm Coloring 6pm Soft Music <i>Nat'l Blond Brownie Day</i></p>	<p><b>23</b> 9am Morning Stretches 10am Bean Bag Baseball 11am Hallmark Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Chair exercises 6pm Soft Music <i>Nat'l Pie Day</i></p>
<p><b>24</b> 9am Morning Stretches 10am Church Services 11am Worship Music <i>Nat'l Compliment Day</i></p>	<p><b>25</b> 9am Morning Stretches 10am Bible Trivia 11am Sing a Long 1pm Virtual Vacation 2pm Afternoon Snack 3pm Coffee Chat 5pm Board Games 6pm Soft Music <i>Nat'l Opposite Day</i></p>	<p><b>26</b> 9am Morning Stretches 10am Reminiscing Circle 11am World Trivia 1pm One-On-One Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Walking Club 6pm Soft Music <i>Nat'l Spouse's Day</i></p>	<p><b>27</b> 9am Morning Stretches 10am Bible Study 11am Worship Music 1pm Word Search 2pm Snack Time 3pm Coffee Chat 5pm Board Games 6pm Soft Music <i>Nat'l Chocolate Cake Day</i></p>	<p><b>28</b> 9am Morning Stretches 10am Price is Right 11am Hallmark Movie 1pm Noodle Ball 2pm Afternoon Snack 3pm Coffee on the Patio 5pm Indoor Bowling 6pm Soft Music <i>Nat'l Fun At Work Day</i></p>	<p><b>29</b> 9am Morning Stretches 10am Craft Corner 11am Walking Club 1pm Movie 2pm Snack 3pm Coffee Chat 5pm Coloring 6pm Soft Music <i>Nat'l Puzzle Day</i></p>	<p><b>30</b> 9am Morning Stretches 10am Bean Bag Baseball 11am Hallmark Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Inside Stroll 6pm Soft Music <i>Nat'l Croissant Day</i></p>
<p><b>31</b> 9am Morning Stretches 10am Church Services 11am Worship Music <i>Nat'l Backward Day</i></p>						