

SODALIS WACO NOVEMBER 2020



SODALIS
WACO

MEMORY CARE

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|--|---|
| <p>1 9am Morning Stretches 10am Church Service 11am Trivia 1pm Movie Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Outside Stroll 6pm Soft Music <u>Daylight Saving Time Ends</u></p> | <p>2 9am One-on-One Time 10am Noodle Ball 11am Puzzles 1pm Hallmark Channel 2pm Afternoon Snack 3pm Coffee Chat 5pm Exercise 6pm Soft Music <u>Color the World Orange Day</u></p> | <p>3 9am Morning Stretches 10am Reminiscing Circle 11am Bowling 1pm One-on-One Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Coloring 6pm Soft Music <u>Nat'l Sandwich Day</u></p> | <p>4 9am Morning Stretches 10am Bible Study 11am Word Search Time 1pm Movie Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Wedding Memories 6pm Soft Music <u>Nat'l Candy Day</u></p> | <p>5 9am Morning Stretches 10am Worship "Sing a long" 11am Trivia 1pm Book Club 2pm Afternoon Snack 3pm Coffee Chat 5pm Board Games 6pm Soft Music <u>Nat'l Doughnut Day</u></p> | <p>6 9am Morning Stretches 10am Craft Corner 11am Puzzles 1pm One-on-One Time 2pm Bingo & Snack (Amedysis) 3pm Coffee Chat 5pm Walking Club 6pm Soft Music <u>Nat'l Nachos Day</u></p> | <p>7 9am Morning Stretches 10am Picture Bingo 11am Elvis Dancing 2pm Afternoon Snack 3pm Coffee Chat 6pm Soft Music <u>Nat'l Bison Day</u></p> |
| <p>8 9am Morning Stretches 10am Church Service 11am Trivia 1pm Movie Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Outside Stroll 6pm Soft Music <u>Nat'l Cappuccino Day</u></p> | <p>9 9am Morning Stretches 10am Bible Trivia 11am Word Search 1pm Movie Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Walking Club 6pm Soft Music <u>Nat'l Scrapple Day</u></p> | <p>10 9am Morning Stretches 10am Reminiscing Circle 11am Brain Busters 1pm One-on-One Time 2pm Snack Time 3pm Coffee Chat 5pm Puzzles 6pm Soft Music <u>Nat'l Vanilla Cupcake Day</u></p> | <p>11 9am Morning Stretches 10am Bible Study 11am Movie & Manicures 1pm Fill in the Blank game 2pm Snack Time 3pm Coffee Chat 5pm Painting 6pm Soft Music <u>Veterans Day</u></p> | <p>12 9am Morning Stretches 10am Play Ball 11am Walking Club 1pm Book Club 2pm Music w/Ron Fritz 3pm Coffee Chat 5pm Board Games 6pm Soft Music <u>Nat'l French Dip Day</u></p> | <p>13 9am Morning Stretches 10am Craft Corner 11am Puzzles 1pm One-on-One Time 2pm Bingo & Snack 3pm Coffee Chat 5pm Walking Club 6pm Soft Music <u>World Kindness Day</u></p> | <p>14 9am Morning Stretches 10am Noodle Ball 11am Hallmark Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Evening Stroll 6pm Soft Music <u>Nat'l Pickle Day</u></p> |
| <p>15 9am Morning Stretches 10am Church Service 11am Worship Music 1pm Puzzles 2pm Afternoon Snack 3pm Coffee Chat 6pm Soft Music <u>Nat'l Raisin Bran Cereal Day</u></p> | <p>16 9am Morning Stretches 10am Would You Rather 11am Button Craft 1pm One-On-One Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Bowling 6pm Soft Music <u>Nat'l Button Day</u></p> | <p>17 9am Morning Stretches 10am Pictionary 11am Walking Club 2pm Snack 3pm Coffee Chat 5pm Board Games 6pm Soft Music <u>Nat'l Take a Hike Day</u></p> | <p>18 9am Morning Stretches 10am Bible Study 11am Word Search 1pm Memories 2pm Afternoon Snack 3pm Coffee Chat 5pm Puzzles 6pm Soft Music <u>Nat'l Princess Day</u></p> | <p>19 9am Morning Stretches 10am Golden Girls 11am Brain Busters 1pm Book Club 2pm Afternoon Snack 3pm Coffee Chat 5pm Evening Stroll 6pm Soft Music <u>Nat'l Play Monopoly Day</u></p> | <p>20 9am Morning Stretches 10am Craft Corner 11am One-on-One Time 1pm Movie & Manicures 2pm Bingo & Snack (Amedysis) 3pm Coffee Chat 5pm Board Games 6pm Soft Music <u>Nat'l Absurdity Day</u></p> | <p>21 9am Morning Stretches 10am Bowling 11am Hallmark Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Evening Stroll 6pm Soft Music <u>Nat'l Adoption Day</u></p> |
| <p>22 9am Morning Stretches 10am Church Service 11am Worship Music 1pm Puzzles 2pm Afternoon Snack 3pm Coffee Chat 6pm Soft Music <u>Nat'l Cranberry Relish Day</u></p> | <p>23 9am Morning Stretches 10am Bible Trivia 11am Walking Club 1pm Word Search 2pm Afternoon Snack 3pm Coffee Chat 5pm Bean Bag Baseball 6pm Soft Music <u>Nat'l Eat a Cranberry Day</u></p> | <p>24 9am Morning Stretches 10am Reminiscing Circle 11am Brain Busters 1pm One-on-One Time 2pm Afternoon Snack 3pm Coffee Chat 5pm Painting 6pm Soft Music <u>Nat'l Sardines Day</u></p> | <p>25 9am Morning Stretches 10am Bible Study 11am Puzzles 1pm John Wayne Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Coloring 6pm Soft Music <u>Nat'l Jukebox Day</u></p> | <p>26 9am Morning Stretches 10am Golden Girls 11am Dance Off 1pm Book Club 2pm Afternoon Snack 3pm Coffee Chat 5pm Afternoon Stroll 6pm Soft Music <u>Thanksgiving Day</u></p> | <p>27 9am Morning Stretches 10am Craft Corner 11am Walking Club 1pm Movie 2pm Bingo & Snack 3pm Coffee Chat 5pm Coloring 6pm Soft Music <u>Nat'l Day of Listening</u></p> | <p>28 9am Morning Stretches 10am Bean Bag Baseball 11am Hallmark Movie 2pm Afternoon Snack 3pm Coffee Chat 5pm Outside Stroll 6pm Soft Music <u>Nat'l French Toast Day</u></p> |
| <p>29 9am Morning Stretches 10am Church Services 11am Worship Music 1pm Word Search 2pm Afternoon Snack 3pm Coffee Chat 5pm Outside Stroll 6pm Soft Music <u>Electronic Greetings Day</u></p> | <p>30 9am Morning Stretches 10am Bible Trivia 11am Coffee Chat 1pm Afternoon Stroll 2pm Afternoon Snack 3pm Sing along w/Chandar 5pm Board Games 6pm Soft Music <u>Nat'l Mason Jar Day</u></p> | | | | | |