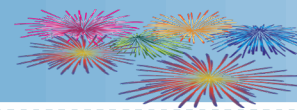


JANUARY 2021 ACTIVITIES



SODALIS
VICTORIA

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Employee's Birthday Rosa A. 5th Tammy B. 26th</p>	<p>Residents' Birthday Dolores B. 5th Margaret C. 11th</p>			<p>1. 9:00a: Let's Get Moving 10:00a: Pretty Nails /Mani 11:00a: Getting Organized 2:00p: New Year Social 3:00p: Best Hangover Remedies 5:00p: Evening News</p>	<p>2. 9:00a: Lets Get Moving 10:00a: Lets Do the Cha Cha Slide 11:00a: Relaxation 2:00p: Nat'l Strawberry Cream Puffs 3:00p: State Sing Along 5:00p: Have You Ever?</p>
<p>3. 9:00a: Coffee & News 10:00a: Sit Down If..... 11:00a: Alien Cookies 2:00p: Snow Ornaments 3:00p: One on One 5:00p: Movie & Popcorn</p>	<p>4. 9:00a: Coffee & News 10:00a: T.G.I.M Bingo 11:00a: Mix & Mingle 2:00p: National Spaghetti Day/ Pasta Necklaces 3:00p: Name That Pop Artist From the 1940s 5:00p: Evening Stroll</p>	<p>5. 9:00a: Coffee & News 10:00a Chair Dancing 11:00a: One on One 2:00p: National Bird Day/ Stale Bread Bird Feeders 3:00p: In Room Visits 5:00p: Hand Massage</p>	<p>6. 9:00a: Coffee News 10:00a: Table Balloon Game 11:00a: Remarkable Young People 2:00p: Star Decorations 3:00p: Easy Shortbread 5:00p: Adult Coloring</p>	<p>7. 9:00a: Coffee & News 10:00a: Follow the Leader 11:00a Remember Party Lines? 2:00p: Rock & Roll Day 3:00p: Salt Dough Hands 5:00p: Music Therapy</p>	<p>8. 9:00a: Coffee & News 10:00a: Pretty Nails/Mani 11:00a: Puzzles 2:00p: Dancing to Elvis 3:00p: Galaxy Art 5:00p: Evening News</p>	<p>9. 9:00a: Let's Get Moving 10:00a: Balloon Wall 11:00a: Card Games 2:00p: Salt Dough Starfish 3:00p: One on One 5:00p: Evening News</p>
<p>10 9:00a: Hot Cocoa Club 10:00a: Winter Charades 11:00a: 99 Interesting Facts About Presidents 2:00p: Remembering 2020 3:00p: Famous Mob Bosses 5:00p: Evening News</p>	<p>11 9:00a: Coffee & News 10:00a: Sitter-Cise 11:00a: Music Therapy 2:00p: Milk Jug Bowling 3:00p: Chocolate Milk Mustaches 5:00p: Residence Choice</p>	<p>12 9:00a: Coffee & News 10:00a: Walking Tour 11:00a: One on One 2:00p: Cooking W/ Whitney 3:00p: Match the Actor to the Show 5:00p: I Love Lucy Show</p>	<p>13 9:00a: Coffee & News 10:00a: Stickers Books 11:00a: Puzzles 2:00p: Playing Tuho 3:00p: Childhood Dream Jobs 5:00p: Movie Night</p>	<p>14 9:00a: Coffee & News 10:00a: Indoor Snowball Toss 11:00a: Good and Bad Morning Habits 2:00p: Color Me Calm 3:00p: One on One 5:00p: Evening News</p>	<p>15 9:00a: Coffee & News 10:00a: National Bagel Day 11:00a: Button Tree 2:00p: Hula Hoop Contest 3:00p: Favorite Trees 5:00p: Evening Stroll</p>	<p>16 9:00a: Coffee News 10:00a: Blurt Trivia 11:00 Music Therapy 2:00p: Baseball Hits 3:00p: One on One 5:00p: Residence Choice</p>
<p>17 9:00a: Sunday Blessings 10:00a: Daily Bread reading 11:00p: Snow Angel Cookies 2:00p: Painting Bobby Pins 3:00p: Recreation</p>	<p>18 9:00a: Morning Visits 10:00a: MLK DAY 11:00a: Peanut Butter Honey Truffles 2:00p: Winnie The Pooh Day Social 3:00p: Short Stories 5:00p: Game Night Show</p>	<p>19 9:00a: Morning Visits 10:00a: Popcorn Toss 11:00a: Going Grocery Shopping 2:00p: Baking Club / Making Popcorn Balls 3:00p: In Room Visits 5:00p: Residence Choice</p>	<p>20 9:00a: Coffee & News 10:00a: Animal Yoga Poses 11:00a: Moment of Joy 2:00p: Cooking W/ Whitney – Cheese Pizza 3:00p: Trivia 5:00p: Adult Coloring</p>	<p>21 9:00a: Morning Visits 10:00a: Hat Toss 11:00a: Abstract Drawing to Music 2:00p: Noodle Ball 3:00p: Name that Tune 5:00p: Evening News</p>	<p>22 9:00a: Let's Get Moving 10:00a: Pretty Nails/Mani 11:00a: Blonde Brownie 2:00p: Chair Ballet Stretch 3:00p: One on One 5:00p: Movie & Popcorn</p>	<p>23 9:00a: Range of Motion 10:00a: Fabric Postcards 11:00a: Improving Signature 2:00p: Afternoon Stroll 3:00p: One on One 5:00p: Evening News</p>
<p>24 9:00a: Coffee & News 10:00a: Activity Olympics 11:00a: I Liked the way you..... 2:00p: Daily Bread Readings 3:00p: Puzzles 5:00p: Sunday Football</p>	<p>25 9:00a: Coffee & News 10:00a: Sitter-Cise 11:00a: Mix & Mingle 2:00p Candy Bar Medals 3:00p: Shamrock Balloons 5:00p: Evening News</p>	<p>26 9:00a: Coffee & News 10:00a: Mitten Game 11:00a: Visiting National Parks 2:00p: Fun & Games 3:00p: Aboriginal Dot Painting 5:00p: Game Show Night</p>	<p>27 9:00a: Coffee News 10:00a: Ball Toss 11:00a: One on One 2:00p: Painted Pasta Cake Stands 3:00p: Favorite Cakes to Eat 5:00p: Homemade Sprinkles</p>	<p>28 9:00a: Coffee & News 10:00a: Balloon Towel Toss 11:00a: Fruit Mandalas 2:00p: Baking Club 3:00p: In Room Shower 5:00p: Reminiscing</p>	<p>29 9:00a: Coffee News 10:00a: Pretty Nails/Mani 11:00: Reading Poetry 2:00p: Making Dog Bed 3:00p: In Room Visits 5:00p: Evening News</p>	<p>30 9:00a: Coffee News 10:00a: Garden Club 11:00a: Name That Tune 2:00p: Fun & Games 3:00p: Sorting Seeds 5:00p: Evening News</p>



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 9:00a: Coffee News 10:00a: Winter Coloring Pages 11:00a: One on One 2:00p: Silent Ball 3:00p: Old West Stories 5:00p: Evening News						