




NOVEMBER 2021 ACTIVITIES



SODALIS
VICTORIA

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00a: Starting Up 10:00a: Bat the Balloon 11:00a: HS/Sing A Long 2:00p: Arts & Crafts 3:00p: One on One 5:00p: Music Therapy	2 9:00a: Let's Get Moving 10:00a: Zumba Gold 11:00a: HS/ Trivia 2:00p: Dios Los Muertos Social 3:00p: Puzzles 5:00p: Music Therapy	3 9:00a: Coffee News 10:00a: Glamour Nails 11:00a: HS/Matching Games 2:00p: Toss Ball 3:00p: Color Me Calm 5:00p: Music Therapy	4 9:00a: Coffee News 10:00a: Balloon Tennis 11:00a: HS/ Sing A Long 2:00p: Telling Jokes 3:00p: Card Games 5:00p: Game Show Ha	5 9:00a: Beauty Shop 10:00a: Noodle Ball 11:00a: HS/ Music Memory 2:00p: Nat'l Nachos Day 3:00p: One on One 5:00p: Evening News	6 9:00a: Coffee New 10:00a: Glamour Nails Touchups 11:00a: HS/ 2:00p: Puzzles 3:00p: Sing A Long 5:00p: Evening News
7 9:00a: Sunday Blessings 10:00a: Color & Music 11:00a: HS/ One on One 2:00p: Patio Pals 3:00p: In Room Visits 5:00p: Movie & Popcorn	8 9:00a: Coffee & News 10:00a: Bat the Balloon 11:00a: HS/ Mix & Mingle 2:00p: Art Therapy 3:00p: One on One 5:00p: Evening Stroll	9 9:00a: Coffee & News 10:00a: Bingo 11:00a: HS/ Patio Pals 2:00p: Bowling 3:00p: In Room Visits 5:00p: Hand Massage	10 9:00a: Coffee News 10:00a: Glamour Nails 11:00a: HS/Puzzles 2:00p: Playing Instruments 3:00p: One on One 5:00p: Adult Coloring	11 9:00a: Coffee & News 10:00a: Balloon Volleyball 11:00a: HS/History of Veterans 2:00p: Tossing Bags 3:00p: In Room Visits 5:00p: Music Therapy	12 9:00a: Beauty Shop 10:00a: Noodle Ball 11:00a: HS/ Reading Stories 2:00p: Ring Around the Turkey 3:00p: Pick an Activity 5:00p: Evening News	13 9:00a: Let's Get Moving 10:00a: Glamour Nails Touchups 11:00a: HS/Afternoon Stroll 2:00p: Table Ball 3:00p: One on One 5:00p: Evening News
14 9:00a: Sunday Blessing 10:00a: Crossword Club 11:00a: HS/Trivia One on One 2:00p: Card Games 3:00p: Blurt Trivia 5:00p: Evening News	15 9:00a: Coffee & News 10:00a: Ring Toss 11:00a: HS/ Music Therapy 2:00p Art Therapy 3:00p: Relaxation 5:00p: Residence Choice	16 9:00a: Coffee & News 10:00a: Crafts w/ Kindred at Home 11:00a: HS/Button Frame 2:00p: Sing A Long 3:00p: One on One 5:00p: Patio Talks	17 9:00a: Coffee News 10:00a: Glamour Nails 11:00a HS/Car Color 2:00p: Weightlifting Fun 3:00p: Baby Stories 5:00p: Sodalis Thanksgiving Family Night	18 9:00a: Coffee & News 10:00a: Bingo W/ Harbor Hospice 11:00a: HS/ Flashing Cards 2:00p: Mickey Mouse Social 3:00p: Don't Drop the Ball 5:00p: Sodalis Thanksgiving Family Night	19 9:00a: Beauty Shop 10:00a: Noodle Ball 11:00a: HS/ One on One 2:00p: Movies & Popcorn 3:00p: Matching Game 5:00p: Evening Stroll	20 9:00a: Coffee News 10:00a: Glamour Nails Touchups 11:00 Music Therapy 2:00p: Color Toss 3:00p: One on One 5:00p: Residence Choice
21 9:00a: Sunday Blessings 10:00a: Daily Bread reading 11:00p: HS/ Hallways Walks One on One 2:00p: Patio Talks 3:00p: Recreation 5:00p: Move & Popcorn	22 9:00a: Morning Visits 10:00a: Sitter-Cise 11:00a: HS/ Simon Says 2:00p: Art Therapy 3:00p: One on One 5:00p: Game Night Show	23 9:00a: Morning Visits 10:00a: Sing A Long 11:00a: HS/ Music Therapy 2:00p: Turkey Tag 3:00p: In Room Visits 5:00p: Residence Choice	24 9:00a: Coffee News 10:00a: Glamour Nails 11:00a: HS/ Moment of Joy 2:00p: Baking Club W/Engagement 3:00p: Trivia 5:00p: Adult Coloring	25 9:00a: Morning Visits 10:00a: Bingo 11:00a: HS/ Current Event 2:00p: Trivia 3:00p: One on One 5:00p: Evening News Happy Thanksgiving!!	26 9:00a: Beauty Shop 10:00a: Noodle Ball 11:00a: HS/ Music Therapy 2:00p: Monthly Birthday Social 3:00p: One on One 5:00p: Movie & Popcorn	27 9:00a: Range of Motion 10:00a: Glamour Nails Touchups 11:00a: HS/ Rhythm Band 2:00p: Afternoon Stroll 3:00p: One on One 5:00p: Evening News
28 9:00a: Coffee & News 10:00a: Sing Along 11:00a: HS/ Current Events 2:00p: Daily Bread Readings 3:00p: Puzzles 5:00p: Sunday Football	29 9:00a: Coffee & News 10:00a: Bat the Balloon 11:00a: HS/ Mix & Mingle 2:00p: Art Therapy 3:00p: Current Events 5:00p: Evening News	30 9:00a: Coffee & News 10:00a: 11:00a: HS/ Mix & Mingle 2:00p: Art Therapy/Painting Christmas Jars 3:00p: Current Events 5:00p: Evening News	Happy Birthday Rose C. 7th Diana F. 30th			



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