

# CONNECTIONS/JANUARY 2021



**SODALIS**  
STONE OAK

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>31</b> Get Social Crafts Games Exercise	<b>Birthdays</b>		Calendar Subject To Changes		<b>1 NEW YEARS DAY</b> 9:30 Chair Yoga 10:00 Prep a Snack 11:00 Sensory Game 1:00 Chair Exercise 1:30 Sing Along 2:00 Bowling	<b>2</b> 9:30 Chair Exercise 10:00 Water Painting 1:00 Magazine Time 3:00 BINGO
<b>3</b> 9:30 Coffee and News 10:00 Chair Exercise 1:30 Hymns/Sing Along 2:00 Sundae Fun Day	<b>4</b> 9:30 Beauty Time 10:00 Chair Exercise 1:00 Sing Along 2:00 Balloon Tennis 3:00 Monday Matinee	<b>5 TU TU Tueday!</b> 9:30 Puzzles 10:00 Chair Exercise 11:00 Sing Along 1:00 Magazine Collage 2:00 Bowling 3:00 Movie Time	<b>6</b> 9:30 Chair Exercise 10:00 Church 11:00 Sensory Game 1:00 Chair Exercise 2:00 Sing Along 3:00 Balloon Tennis	<b>7</b> 9:30 Chair Exercise 10:00 Sing Along 11:00 Adult Coloring 1:00 Poetry Corner 2:15 Ice Cream Social 3:00 BINGO	<b>8</b> 9:30 Chair Yoga 10:00 Prep a Snack 11:00 Sensory Game 1:00 Chair Exercise 1:30 Sing Along 2:00 Bowling	<b>9</b> 9:30 Chair Exercise 10:00 Water Painting 1:00 Magazine Time 3:00 BINGO
<b>10</b> 9:30 Coffee and News 10:00 Chair Exercise 1:30 Hymns/Sing Along 2:00 Sundae Fun Day	<b>11</b> 9:30 Beauty Time 10:00 Chair Exercise 1:00 Sing Along 2:00 Balloon Tennis 3:00 Monday Matinee	<b>12</b> 9:30 Puzzles 10:00 Chair Exercise 11:00 Sing Along 1:00 Painting 2:00 Bowling 3:00 Movie Time	<b>13</b> 9:30 Chair Exercise 10:00 Church 11:00 Sensory Game 1:00 Chair Exercise 2:00 Sing Along 3:00 Balloon Tennis	<b>14</b> 9:30 Chair Exercise 10:00 Sing Along 11:00 Adult Coloring 1:00 Poetry Corner 2:15 Ice Cream Social 3:00 BINGO	<b>15</b> 9:30 Chair Yoga 10:00 Prep a Snack 11:00 Sensory Game 1:00 Chair Exercise 1:30 Sing Along 2:00 Bowling	<b>16</b> 9:30 Chair Exercise 10:00 Water Painting 1:00 Magazine Time 3:00 BINGO
<b>17</b> 9:30 Coffee and News 10:00 Chair Exercise 1:30 Hymns/Sing Along 2:00 Sundae Fun Day	<b>18 Martin Luther King Jr Day</b> 9:30 Beauty Time 10:00 Chair Exercise 1:00 Sing Along 2:00 Balloon Tennis 3:00 Monday Matinee	<b>19</b> 9:30 Puzzles 10:00 Chair Exercise 11:00 Sing Along 1:00 Painting 2:00 Bowling 3:00 Movie Time	<b>20</b> 9:30 Chair Exercise 10:00 Church 11:00 Sensory Game 1:00 Chair Exercise 2:00 Sing Along 3:00 Balloon Tennis	<b>21</b> 9:30 Chair Exercise 10:00 Sing Along 11:00 Adult Coloring 1:00 Poetry Corner 2:15 Ice Cream Social 3:00 BINGO	<b>22</b> 9:30 Chair Yoga 10:00 Prep a Snack 11:00 Sensory Game 1:00 Chair Exercise 1:30 Sing Along 2:00 Bowling	<b>23</b> 9:30 Chair Exercise 10:00 Water Painting 1:00 Magazine Time 3:00 BINGO
<b>24</b> 9:30 Coffee and News 10:00 Chair Exercise 1:30 Hymns/Sing Along 2:00 Sundae Fun Day	<b>25</b> 9:30 Beauty Time 10:00 Chair Exercise 1:00 Sing Along 2:00 Balloon Tennis 3:00 Monday Matinee	<b>26</b> 9:30 Puzzles 10:00 Chair Exercise 11:00 Sing Along 1:00 Painting 2:00 Bowling 3:00 Movie Time	<b>27</b> 9:30 Chair Exercise 10:00 Church 11:00 Sensory Game 1:00 Chair Exercise 2:00 Sing Along 3:00 Balloon Tennis	<b>28</b> 9:30 Chair Exercise 10:00 Sing Along 11:00 Adult Coloring 1:00 Poetry Corner 2:15 Ice Cream Social 3:00 BINGO	<b>29</b> 9:30 Chair Yoga 10:00 Prep a Snack 11:00 Sensory Game 1:00 Chair Exercise 1:30 Sing Along 2:00 Bowling	<b>30</b> 9:30 Chair Exercise 10:00 Water Painting 1:00 Magazine Time 3:00 BINGO