### **ASSISTED LIVING**

Sodalis College Station is a unique assisted living residence that encourages an active lifestyle and daily fun for residents. Our activities, amenities and services promote a healthy and balanced lifestyle. We also offer onsite therapies and transportation to medical appointments and care. The entire Sodalis College Station team is dedicated to providing personalized care so you can enjoy all that life has to offer.

## **MEMORY CARE**

Caring for a loved one living with memory loss can be overwhelming — physically, emotionally and mentally. When you can no longer manage alone, it can be comforting to discover a setting with trained and caring staff. Our team has specialized training in memory care and programs to optimize quality of life through everyday activities in a meaningful way.









3211 Harvey Road College Station, TX 77845 979-704-5561 www.SodalisCollegeStation.com



AN ASSISTED LIVING AND MEMORY CARE COMMUNITY



### DINING

Restaurant-style cuisine and a touch of traditional home cooking is served three times a day in the Sodalis College Station dining room. Table service is provided by our courteous and friendly wait staff. Linen table cloths, silverware and a charming atmosphere add to the gracious dining experience.

- Fresh, never frozen or precooked meals for breakfast, lunch and dinner served in our restaurant-style dining room
- Seasonal menus consist of hearty breakfast options, full course lunches, and nutritious dinner selections
- Customized to meet your preferences or special dietary needs
- Private dining rooms are also available for family dining, special occasions and holidays

#### ACTIVITIES

Sodalis College Station's activity calendar is filled with options to keep residents active, engaged with friends and enjoying an improved overall quality of life. After all, assisted living is meant to be fun!

What's on the itinerary today? Scheduled outings for shopping and entertainment. Painting and Bingo. A corn hole tournament. The afternoon walking club.

Whether you feel like a game of Canasta or a cocktail with friends – there's always an indulgence for you at Sodalis College Station.





# CARE

Live your best life with care services tailored for you and your specific needs. Our care team features real nurses, making our community distinctly capable of providing the highest levels of care, delivered with the warmth and hospitality of a family member. If issues ever arise unexpectedly, staff is available 24/7 to assist you.

Additional services, if you require them:

- Bathing, grooming and dressing assistance
- Errand / transportation services
- Specialized diets / individualized nutrition supervision
- Special medical visits
- Medication reminders, assistance and monitoring, management
- Fall management
- And more!