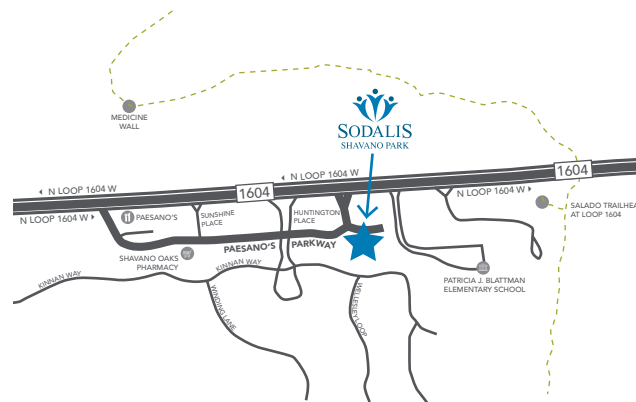


MEMORY CARE

You're not alone during the long, stressful, and emotional journey of caring for someone with memory loss. As caregiving responsibilities become more challenging, it can be comforting to discover a setting with trained and caring staff. The Sodalis Shavano Park team has specialized training in memory care and programs to optimize quality of life through everyday activities in a meaningful way.

DIGNITY AND ENJOYMENT OF LIFE

Engaged living, a tranquil and secure setting, and compassionate care are hallmarks of Sodalis Shavano Park – a memory care community that stresses individuality and interpersonal contact. Every detail of our community has been designed with the cognitively impaired person in mind, from rooms sized to prevent isolation to colors specifically chosen to decrease perceptual difficulties.



3411 Paesano's Parkway
San Antonio, Texas 78231

210.408.1002

www.SodalisShavanoPark.com

ALF #106230



A MEMORY CARE COMMUNITY



DINING

Three delicious meals and snacks are locally curated by our trained chef each day. Restaurant-style cuisine with a touch of traditional home cooking is provided by our courteous and friendly wait staff in the gracious Sodalis Shavano Park dining room.

- Fresh, never frozen or precooked meals for breakfast, lunch, and dinner served in our restaurant-style dining room
- Seasonal menus consist of hearty breakfast options, full course lunches, and nutritious dinner selections
- Customized to meet your preferences or special dietary needs

SPECIALIZED ACTIVITIES AND ENVIRONMENT

A full-time engagement director designs a variety of activities around the interests of our residents – from arts and crafts to music, singing, dancing, gardening and nature appreciation. We utilize an exercise program that uses specific movements including stretch, strengthening, full body movement, therapeutic touch and breathwork.

Sodalis Shavano Park incorporates specialized memory enhancements to promote a sense of independence and self worth. These include:

- Memory Boxes instead of room numbers
- Specifically designed, unique doors for easy identification
- Patterned carpet for each specific room
- Secure back yard with walking path

We have thought of everything to make Sodalis Shavano Park the perfect new home.



CARE

Live with vitality at Sodalis Shavano Park with care services tailored for your specific needs. With our “residents first” philosophy, our team embraces a proactive approach to the health and wellness of our residents, making our community distinctly capable of providing the highest levels of care, delivered with the warmth and hospitality of a family member. If issues ever arise unexpectedly, staff is available 24/7 to assist.

- Just 24 private bedrooms with bath
- Low resident to staff ratio
- Bathing, grooming, and dressing assistance
- Specialized diets / individualized nutrition supervision
- Medication management and nursing oversight
- Incontinence management
- Daily housekeeping and laundering
- Home health and hospice services on site
- And more!