

## **ASSISTED LIVING**

Our assisted living community has been designed to provide a serene, hill country environment with spacious apartment homes in the midst of a community that allows you privacy yet all the comforts of knowing friends and loved ones are close-by.

Our chef will provide you with three delicious meals a day and snacks as you wish, on your own time. Each morning, afternoon and evening, you'll be able to choose from a variety of activities, wellness programs, technology engagement and more. We have thought of everything to make our community your perfect new home.

# **MEMORY CARE**

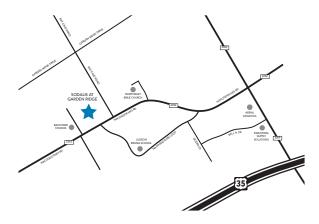
You're not alone during the long, stressful, and emotional journey of caring for someone with memory loss. As caregiving responsibilities become more challenging, it can be comforting to discover a setting with trained and caring staff. The Sodalis Garden Ridge team has specialized training in memory care and programs to optimize quality of life through everyday activities in a meaningful way.



AN ASSISTED LIVING AND MEMORY CARE COMMUNITY







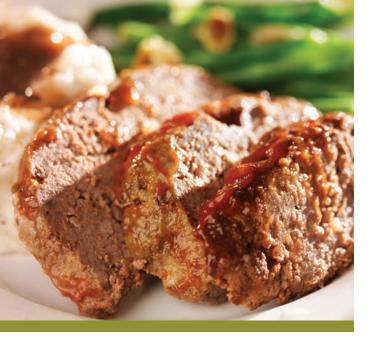


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#### DINING

Three delicious meals each day and snacks as you wish, on your own time, are locally curated by our trained chef. Restaurant-style cuisine with a touch of traditional home cooking is provided by our courteous and friendly wait staff in the Sodalis Garden Ridge dining room.

- Fresh, never frozen or precooked meals for breakfast, lunch, and dinner served in our restaurant-style dining room
- Seasonal menus consist of hearty breakfast options, full course lunches, and nutritious dinner selections
- Customized to meet your preferences or special dietary needs
- Private dining rooms are also available for family dining, special occasions, and holidays

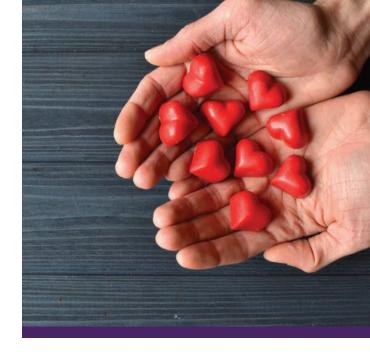
### **ACTIVITIES**

Choose from a variety of activities, wellness programs, technology engagement, and more each morning, afternoon, and evening. Our full-time engagement director offers daily activities designed around the interests of our residents such as bridge and bingo, live music and entertainment, dancing and yoga, and memory enhancement programming.

Our community is located near northern San Antonio. You can take advantage of our free shuttle service to access restaurants, coffee bars, shops, and wellness services.

We have thought of everything to make Sodalis Garden Ridge your perfect new home.





#### **CARE**

Live with vitality at Sodalis Garden Ridge with care services tailored for your specific needs. With our "residents first" philosophy, our team embraces a proactive approach to the health and wellness of our residents, making our community distinctly capable of providing the highest levels of care, delivered with the warmth and hospitality of a family member. If issues ever arise unexpectedly, staff is available 24/7 to assist you.

- Bathing, grooming, and dressing assistance
- Errand / transportation services
- Specialized diets / individualized nutrition supervision
- Special medical visits
- Medication reminders, assistance and monitoring, management
- Fall management
- And more!