

# MOVE-INS DURING COVID-19

## More People Are Moving into Senior Living Now, During COVID-19 – Here's why...

Across the country—and here at Sodalis—people are moving into senior living communities at a faster pace than usual.

Those who were considering making the move into senior living prior to the coronavirus outbreak have either postponed their decision – or accelerated the process. Even those who hadn't begun the process are now exploring the senior living alternative.

Changes or interruptions to a senior's regular support systems can make senior living a much smarter—and potentially safer—option than staying in their current home. Safely getting food, supplies, healthcare, and connection to the outside world can be a real concern. Even when services are provided, ongoing contact with outside sources can put a senior at greater risk of exposure.

Senior living communities offer a lifeline for those seniors who are experiencing isolation and inadequate support. Seniors are moving in to benefit from a secure and clean environment, healthy food service, care when they need it, and a supportive community with engaged living.

A proactive community with intense cleaning and disinfecting procedures offers additional security and social interaction:

- Food shipments are delivered weekly at the door and disinfected
- Medications are disinfected upon delivery
- Medical care is managed through telehealth technology
- Trained nurses help monitor and manage care
- Daily Facetime and Skype interactions with friends and family keep residents connected
- On-staff Life Engagement Directors organize games, happy hours in small groups, and other creative activities to keep residents engaged

At Sodalis Senior Living, protective measures were implemented early in the onset of the coronavirus to ensure the safety of our residents and staff in all communities. We are welcoming new and returning residents once they have cleared our thorough screening process, in accordance with guidelines issued by the U.S. Centers for Disease Control and Prevention (CDC), the Centers for Medicare & Medicaid Services (CMS), and local health agencies.

Engaged living within a safe and caring environment gives Sodalis residents and their families peace of mind.



See for yourself by taking a virtual tour.  
Contact a Sodalis community near you or call us at 830.624.1044  
Be safe and healthy – we wish you were here.  
[www.SodalisSenior.com](http://www.SodalisSenior.com)