

SAMPLE ACTIVITY CALENDAR



MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 9:00a Hair & Makeup 10:00a Experience Life 12:30p Sunday Sundaes 1:00p Me Time 4:00p Let's Get physical</p>	<p>2 9:00a Hair & Makeup 10:00a Cooking Corner 1:00p Me Time 3:00p Snack & Social 4:00p Music & Memory 6:00p Millionaire Monday</p>	<p>3 9:00a Hair & Makeup 10:30a Bingo 11:00a Puzzles 1:00p Me Time 3:00p Snack & Social 6:00p Family Feud</p>	<p>4 9:00a Hair & Makeup 10:00a Workout Wednesday 1:00p Me Time 2:30p 3:00p Snack & Social 6:00p Wheel of Fortune</p>	<p>5 9:00a Hair & Makeup 10:00a Bingo with Heart to Heart 1:00p Me Time 2:00p Karaoke 3:00p Sheralyn on Piano 3:00p Happy Hour 6:00p Dominoes</p>	<p>6 9:00a Hair & Makeup 10:00a Lady Fingers 1:00p Me Time 3:00p Snack & Social 4:00p Who, What, Where 6:00p Movie & Popcorn</p>	<p>7 9:00a Hair & Makeup 10:00a K9 Comfort Dogs 10:30a Green Thumb 3:00p Bubbles! 4:00p Physical Activity TBD 6:00p Karaoke</p>
<p>8 9:00a Hair & Makeup 10:00a Circle of Grace 12:30p Sunday Sundaes 1:00p Me Time 2:00p Afternoon Matinee: 4:00p Physical Happy Birthday Polly!</p>	<p>9 9:00a Hair & Makeup 10:00a Cooking Corner 1:00p Me Time 2:00p All about Labor Day 3:00p Snack & Social 4:00p Music & Memory 6:00p Millionaire Monday</p>	<p>10 9:00a Hair & Makeup 10:30a Bingo 11:00a Puzzles 1:00p Me Time 3:00p Ants on a Log day Snack & Social 6:00p Family Feud</p>	<p>11 9:00a Hair & Makeup 10:00a Workout Wednesday 1:00p Me Time 2:30p Reminisce 3:00p Snack & Social 6:00p Wheel of Fortune</p>	<p>12 9:00a Hair & Makeup 10:00a Manly Business 1:00p Me Time 1:30p Venus Salon 3:00p Happy Hour Chocolate Milkshake day! 6:00p Dominoes</p>	<p>13 9:00a Hair & Makeup 10:00a Fit Friday 1:00p Me Time 3:00p Snack & Social 4:00p Who, What, Where 6:00p Movie & Popcorn</p>	<p>14 9:00a Hair & Makeup 10:30a Green Thumb 1:00p Me Time 3:00p Snack & Social 4:00p Scrabble 6:00p Karaoke</p>
<p>15 9:00a Hair & Makeup 10:00a Experience Life 12:30p Sunday Sundaes 3:00p Sunday Matinee 4:00p Physical Activity TBD</p>	<p>16 9:00a Hair & Makeup 10:00a Cooking Corner: Koolaid Dough 11:00a Morning Stretches 1:00p Me Time 3:00p Snack & Social 4:00p Music & Memory 6:00p Millionaire Monday</p>	<p>17 9:00a Hair & Makeup 12:00p Monte Cristo Day 1:00p Me Time 2:00p Bingo 3:00p Snack & Social 4:00p Karaoke 6:00p Family Feud</p>	<p>18 9:00a Hair & Makeup 10:00a Workout Wednesday 12:00p National Cheeseburger Day Me Time 3:00p Snack & Social</p>	<p>19 9:00a Hair & Makeup 10:00a Manly Business 1:00p Me Time 1:30p Venus Salon 3:00p Sheralyn on Piano 3:00p Happy Hour 6:00p Rummy Happy Birthday Bill!</p>	<p>20 9:00a Hair & Makeup 10:00a Lady Fingers 1:00p Me Time 2:00p Tell a Joke day 3:00p Snack & social: Pepperoni Pizza Day! 4:00p Trivia 6:00p Movie & Popcorn</p>	<p>21 9:00a Hair & Makeup 10:30a Green Thumb 1:00p Me Time 3:00p Snack & Social 4:00p Physical activity TBD 6:00p Karaoke</p>
<p>22 9:00a Hair & Makeup 10:00a Experience Life 12:30p Sunday Sundaes 3:00p Sunday Matinee 4:00p Physical Activity TBD</p>	<p>23 9:00a Hair & Makeup 10:00a Cooking Corner 1:00p Me Time 3:00p Snack & Social 4:00p Music & Memory 6:00p Millionaire Monday</p>	<p>24 9:00a Hair & Makeup 10:00a Apple Autumn Art 1:00p Me Time 2:00p EYE Spy 3:00p 1 Hit wonder Karaoke 4:00p Laughter Yoga 6:00p Family Feud</p>	<p>25 9:00a Hair & Makeup 10:00a Workout Wednesday 1:00p Me Time 2:00p Armchair Travel 3:00p Snack & Social 4:00p Music & Memory 6:00p Wheel of Fortune</p>	<p>26 9:00a Hair & Makeup 10:30a Manly Business 1:00p Me Time 1:30p Venus Salon 2:00p Ice Cream Shop! 6:00p Karaoke </p>	<p>27 9:00a Hair & Makeup 10:00a Lady Fingers 1:00p Me Time 2:00p Art 3:00p Snack & Social 4:00p Slot Machine 6:00p Movie & Popcorn</p>	<p>28 9:00a Hair & Makeup 10:30a Green Thumb 1:00p Me Time 3:00p Snack & Social 4:00pm Physical Activity 6:00p Karaoke</p>
<p>29 9:00a Hair & Makeup 10:00a Experience Life 1:00p Me Time 2:00p Sunday Matinee 4:00p Let's Get physical</p>	<p>30 9:00a Hair & Makeup 10:00a Cooking Corner 11:00a Apple Pie bites! 1:00p Me Time 3:00p Snack & Social 4:00p Music & Memory 6:00p Millionaire Monday</p>			<p>Outside Services Exciting Outings!  National Days Salon</p>	<p>Birthdays! Polly P. 9-8 Bill L. 9-19</p>	