



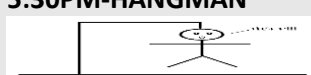




OCTOBER 2020



SODALIS
NEW BRAUNFELS

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Happy Halloween</p>	<p>HAPPY BIRTHDAY</p>	<p>HAPPY BIRTHDAY STAFF SARA 26TH</p>	 <p>Happy Halloween!</p>	<p>1 9AM-SIT N BE FIT 10:30AM-KICK BALL/SNACK 1PM-NOODLE BALLOON 2PM-KARAOKE 3PM-CONNECT FOUR 3:30PM-MEMORY MATCH 5:30 MOVIE NIGHT NATIONAL HAIR DAY</p>	<p>2 9AM-SIT N BE FIT 10:30AM-KICK BALL/SNACK 1PM-NOODLE BALLOON 2PM-BAKING CLUB 3PM-CONNECT FOUR 3:30PM-MEMORY MATCH 5:30 MOVIE NIGHT</p>	<p>3 9AM-UPPER BODY EXERCISE 10:30-SING WITH ME/SNACK 1PM-COLOR WITH ME 3PM-RING TOSS 3:30PM-MANICURES 5:30PM-POETRY CIRCLE</p>
<p>4 9AM-SUNDAY BLESSINGS 10:30AM-TABLE BALL/SNACK 1PM-PARACHUTE FUN 2PM-SPA DAY 3PM-BINGO 5:30-COMEDY MOVIE NIGHT NATIONAL TACO DAY</p>	<p>5 9AM-CHAIR YOGA 10AM-SING WITH ME/SNACK 10:30TABLE BALL 1PM-TRIVIA 3PM-BUBBLE FUN 5:30-MOVIE NIGHT</p>	<p>6 9AM-BE FIT VIDEO 10:30-MUSIC WITH MIKE 1PM-FRISBEE FUN 2PM-MUSIC FUN 3PM-PUZZLE FUN 5:30PM-HANGMAN</p>	<p>7 9AM-UPPER BODY EXERCISE 10:30AM-BINGO/SNACK 1PM-MANICURES 2PM-UNO 3:30PM-NOODLE BALLOON 5:30PM-TRIVIA CHOCOLATE COVERED PRETZEL DAY</p>	<p>8 9AM-SIT N BE FIT 10:30AM-KICK BALL/SNACK 1PM-NOODLE BALLOON 2PM-KARAOKE 3PM-CONNECT FOUR 3:30PM-MEMORY MATCH 5:30 MOVIE NIGHT</p>	<p>9 9AM-LOWER BODY EXERCISE 10:30-ARTS N CRAFT/SNACK 1PM-PUZZLE FUN 2PM-BAKING CLUB 3PM-CRAFTY CREATIONS 5:30-MUSIC RELAXATION</p>	<p>10 9AM-CHAIR YOGA 10:30 CONNECT FOUR/SNAACK 1PM-COLOR WIT ME 3PM-BUBBLE FUN 5:30PM-MOVIE NIGHT</p> 
<p>11 9AM-SUNDAY BLESSINGS 10:30AM-TABLE BALL/SNACK 1PM-PARACHUTE FUN 2PM-SPA DAY 3PM-BINGO 5:30-COMEDY MOVIE NIGHT</p>	<p>12 9AM-UPPER BODY EXERCISE 10:30AM-COLOR WITH ME/SNACK 1PM-PARACHUTE FUN 3PM-RING TOSS 5:30PM-POETRY CIRCLE COLUMBUS DAY</p>	<p>13 9AM-LOWER BODY EXERCISE 10:30AM-MUSIC WITH MIKE 1PM-PING PONG TOSS 2PM-RING TOSS 3PM-CRAFTY CREATIONS 5:30-MUSIC RELAXATION</p>	<p>14 9AM-CHAIR YOGA 10:30 CONNECT FOUR 1PM-CRAFTY CREATIONS 3PM-BUBBLE FUN 5:30PM-MOVIE NIGHT</p> 	<p>15 9AM-BE FIT VIDEO 10:30-FISHING GAME 1PM-FRISBEE FUN 2PM-50'S SING ALONG 3PM-PUZZLE FUN 5:30PM-HANGMAN</p> 	<p>16 9AM-UPPER BODY EXERCISE 10:30-BINGO/SNACK 1PM-MANICURES 2PM-BAKING CLIB 3:30PM-NOODLE BALLOON 5:30PM-TRIVIA BOSS'S DAY</p>	<p>17 9AM-SIT N BE FIT 10:30AM-KICK BALL/SNACK 1PM-NOODLE BALLOON 2PM-KARAOKE 3PM-CONNECT FOUR 3:30PM-MEMORY MATCH 5:30 MOVIE NIGHT</p>
<p>18 9AM-SUNDAY BLESSINGS 10:30AM-TABLE BALL/SNACK 1PM-PARACHUTE FUN 3PM-BINGO 5:30-COMEDY MOVIE NIGHT</p> 	<p>19 9AM-UPPER BODY EXERCISE 10:30AM-COLOR WITH ME 1PM-MANICURES 3PM-RING TOSS 5:30PM-POETRY CIRCLE</p>	<p>20 9AM-LOWER BODY EXERCISE 10:30AM-MUSIC WITH MIKE 1PM-PING PONG TOSS 2PM-PUZZLE FUN 3PM-CRAFTY CREATIONS 5:30-MUSIC RELAXATION</p>	<p>21 9AM-CHAIR YOGA 10:30 CONNECT FOUR 1PM-CRAFTY CREATIONS 3PM-BUBBLE FUN 5:30PM-MOVIE NIGHT</p> 	<p>22 9AM-BE FIT VIDEO 10:30-FISHING GAME 1PM-FRISBEE FUN 2PM-50'S SING ALONG 3PM-PUZZLE FUN 5:30PM-HANGMAN</p>	<p>23 9AM-UPPER BODY EXERCISE 10:30AM-BINGO 1PM-UNO 2PM-BAKING CLIB 5:30PM-TRIVIA BOSTON CREAM PIE DAY</p>	<p>24 9AM-SIT N BE FIT 10:30AM-KICK BALL/SNACK 1PM-NOODLE BALLOON 2PM-KARAOKE 3PM-CONNECT FOUR 3:30PM-MEMORY MATCH 5:30 MOVIE NIGHT</p>
<p>25 9AM-SUNDAY BLESSINGS 10:30AM-TABLE BALL/SNACK 1PM-PARACHUTE FUN 3PM-BINGO 5:30-COMEDY MOVIE NIGHT</p>	<p>26 9AM-UPPER BODY EXERCISE 10:30AM-COLOR WITH ME 1PM-ARTS N CRAFTS 3PM-RING TOSS 3:30PM- MONDAY MANICURES 5:30PM-POETRY CIRCLE PUMPKIN DAY</p>	<p>27 9AM-LOWER BODY EXERCISE 10:30AM-MUSIC WITH MIKE 1PM-PING PONG TOSS 3PM-CRAFTY CREATIONS 5:30-MUSIC RELAXATION</p>	<p>28 9AM-CHAIR YOGA 10:30 CONNECT FOUR 1PM-CRAFTY CREATIONS 3PM-BUBBLE FUN 5:30PM-MOVIE NIGHT NATIONAL CHOCOLATE DAY</p>	<p>29 9AM-BE FIT VIDEO 10:30-FISHING GAME 1PM-FRISBEE FUN 2PM-50'S SING ALONG 3PM-PUZZLE FUN 5:30PM-HANGMAN</p>	<p>30 9AM-UPPER BODY EXERCISE 10:30AM-BINGO 1PM-MANICURES 2PM-BAKING CLIB 3:30PM-NOODLE BALLOON 5:30PM-TRIVIA HALLOWEEN PARTY</p>	<p>31 9AM-LOWER BODY EXERCISE 10:30AM-MEMORY MATCH 1PM-PING PONG TOSS 2PM-CORN HOLE 3PM-CRAFTY CREATIONS 5:30-MUSIC RELAXATION</p>