






NOVEMBER 2020



SODALIS
NEW BRAUNFELS

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 9:30-ARM EXERCISE 10AM-RING TOSS 11AM-SUNDAY HYMNS 1PM-KAROKE 3PM-BUBBLE FUN 5:30PM-POETERY CIRCLE</p>	<p>2 9:30AM-LEG EXERCISE 10AM-MONDAY MANICURES/SNACK 11AM-MEMORY MATCH 1PM-PING PONG GAME 3PM-CHARADES 5:30PM-TRIVIA FUN DEVILED EGG DAY</p>	<p>3 9:30AM- SIT N BE FIT 10AM-MUSIC WITH MIKE 11AM- TABLE GAMES 1PM-KICK BALL 3PM-BUBBLE FUN 5:30PM-MOVIE NIGHT</p>	<p>4 9:30AM-BE FIT VIDEO 10AM-FISHING FUN 2PM-FRISBEE FUN 3PM-NOODLE BALLOON 5:30PM-WHEEL OF FORTUNE</p>	<p>5 9:30AM-MANICURES 10AM-SEATED YOGA 11AM-PICTIONARY 1PM-SPA DAY 3PM-COFFEE N CHAT 5:30PM-FUNNY JOKES DONUT DAY</p>	<p>6 9:30AM-UPPER BODY EXERCISE 10AM-APPLE CIDER /COOKIES WITH STACY 11AM-TABLE JOKES 1PM-HAPPY HOUR 3PM-PUZZLE FUN 5:30PM-MUSIC FUN</p>	<p>7 9:30AM-LOWER BODY EXERCISE 10AM-KARAOKE/SNACK 11AM-BINGO 1PM-NOODLE BALLOON 3PM-UNO 5:30PM-COMEDY NIGHT</p> 
<p>8 9:30AM-ARM EXERCISE 10AM-BINGO/SNACK 11AM-SUNDAY HYMNS 1PM-KAROKE 3PM- CRAFTY CREATIONS 5:30PM- REMINSING</p> 	<p>9 9:30AM- LEG EXERCISE 10AM-KARAOKE/SNACK 11AM-MONDAY MANICURES 1PM-MEMORY MATCH 3PM-PICTIONARY 5:30PM-POETERY CIRCLE</p> 	<p>10 9:30AM-BE FIT VIDEO 10AM-MUSIC WITH MIKE/SNACK 11AM-LAUGHING BASKET 1PM-SPA DAY 3PM-COFFEE N CHAT 5:30PM-SING A LONG VANILLA CUPCAKE DAY</p>	<p>11 9:30AM- CHAIR YOGA 10AM-KICK BALL/SNACK 11AM-PUZZLE FUN 1PM-HAPPY HOUR 3PM-KICK BALL 5:30PM-TRIVIA FUN SUNDAE DAY</p> 	<p>12 9:30AM-SIT N BE FIT 10AM-JUMBO BOWLING/SNACK 11AM-FISHING GAME 1PM-ARTS AND CRAFTS 3PM-MEMORY MATCH 5:30PM-MOVIE NIGHT</p>	<p>13 9:30AM-UPPER BODY EXERCISE 10AM-BAKING CLUB/SNACK 11PM-CRAFTY CREATIONS 1PM-HAPPY HOUR 3PM-TRIVIA 5:30-MOVIE NIGHT</p>	<p>14 9:30AM-LOWER BODY EXERCISE 10AM-PAINTING FUN/SNACK 1PM-BEAN BAG TOSS 3PM-DOMINIOES 5:30PM-REMINISING</p>
<p>15 9:30AM-ARM EXERCISE 10AM-DAILY DEVOTION/SNACK 11AM-LAUGHING BASKET 1PM-PUZZLE FUN 3PM-COLOR WITH ME 5:30PM-POETERY</p>	<p>16 9:30AM-LEG EXERCISE 10AM-MONDAY MANICURES/SNACK 11AM-MEMORY MATCH 1PM-DANCE WITH ME 3PM-CARD GAMES 5:30PM-REMINISING NATIONAL BUTTON DAY</p>	<p>17 9:30AM-BE FIT VIDEO 10AM-MUSIC WITH MIKE 11AM-TABLE GAMES 1PM-SPA DAY 3PM-CHARADES 5:30PM-COMEDY NIGHT</p> 	<p>18 9:30AM-SING WITH ME 10AM-SEATED EXERCISE 11AM-PARACHUTE FUN 1PM-HAPPY HOUR 3PM-CONNECT FOUR 5:30PM-MOVIE N POPCORN</p>	<p>19 9:30AM- UPPER BODY EXERCISE 10AM-ARTS N CRAFTS/SNACK 11AM- TABLE JOKES 1PM-SING WITH ME 3PM- PUZZLE FUN 5:30PM-COMEDY NIGHT</p>	<p>20 9:30AM-UPPER BODY EXERCISE 10AM-BALLOON VOLLEYBALL/SNACK 11AM-CONNECT FOUR 1PM-HAPPY HOUR 5:30PM-MOVIE NIGHT</p>	<p>21 9:30AM-SIT N BE FIT 10AM-FRISBEE FUN/SNACK 11AM-KAROKE 1PM-TELL A JOKE 3PM-BUBBLE FUN 5:30PM-TRIVIA</p>
<p>22 9:30AM- LOWER BODY EXERCISE 10AM-UNO/SNACK 11AM-PING PONG TOSS 1PM-NOODLE BALOON 3PM-PARACHUTE FUN 5:30PM-MUSIC</p>	<p>23 9:30AM-LEG EXERCISE 10AM-MONDAY MANICURES/SNACK 11AM-NOODLE BALLOON 1PM-KAROKE 3PM-FISHING GAME 5:30PM-TRIVIA FUN</p>	<p>24 9:30AM-BE FIT VIDEO 10AM-MUSIC WITH MIKE 11AM-TELL A JOKE 1PM-SING WITH ME 3PM-MEMORY MATCH 5:30PM-COMEDY NIGHT</p> <p>SARDINES DAY</p>	<p>25 9:30AM-LOWER BODY EXERCISE 10AM-PENNY TOSS/SNACK 11AM-CHARADES 1PM-ARTS N CRAFTS 3PM-MEMORY MATCH 5:30PM-MOVIE NIGHT PARFAIT DAY</p>	<p>26 9:30AM- SIT N BE FIT 10AM-PENNY TOSS/SNACK 11AM-CONNECT FOUR 1PM-PAINTING FUN 3PM-SING WITH ME 5:30PM-REMINISING THANKSGIVING</p>	<p>27 9:30AM-UPPER BODY EXERCISE 10AM-BAKING CLUB/SNACK 11AM-TABLE BALL 1PM-HAPPY HOUR 3PM-JUMBO BOWLING 5:30PM-COFFEE N CHAT</p>	<p>28 9:30AM-ARM EXCERSIE 10AM-PARACHUTE FUN/SNACK 11AM-BINGO 1PM-NAME THAT TUNE 3PM-KICK BALL 5:30PM-POETERY CIRCLE</p>
<p>29 9:30AM-LOWER BODY EXERCISE 10AM-50'S MUSIC /SNACK 11AM-PENNY TOSS 1PM-SPA DAY 3PM-PARACHUTE FUN 5:30PM-COMEDY NIGHT</p>	<p>30 9:30AM-MANICURES 10AM-SEATED YOGA 11AM-UNO 1PM-JUMBO RING TOSS 3PM-SPA DAY 5:30PM-MUSIC FUN</p>			<p>HAPPY BIRTHDAY JUANITA 5TH</p>	<p>HAPPY BIRTHDAY STAFF TAYLOR 9TH BIANCA 25TH GRACIE 28TH</p>	