

MARCH 2021 ACTIVITIES



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00a: Coffee News 10:00a: Sitter-Cise 11:00a: Relaxation 2:00p: Art Therapy 3:00p: One on One 5:00p: Evening News	2 9:00a: Let's Get Moving 10:00a: Bingo 11:00a: One on One 2:00p: Remembering Dr. Seuss 3:00p: Hallway Walks 5:00p: Evening News	3 9:00a: Coffee News 10:00a: Drum Circle 11:00a: Name that Tune 2:00p: Remembering the 1950s. 3:00p: Crossword Club 5:00p: Evening News	4 9:00a: Joy of Motion 10:00a: Sitter- cise 11:00a: Puzzle Time 2:00p: Happy Hour/ Hank Williams 3:00p: One on One 5:00p: Evening News	5 9:00a: Rise & Shine 10:00a: Pretty Nails/Mani 11:00a: Mix & Mingle 2:00p: Trash Can Basketball 3:00p: One on One 5:00p: Evening News	6 9:00a: Morning Smiles 10:00a: Spelling Bee 11:00a: One on One 2:00p: Nat'l Cereal Day 3:00p: Evening Walks 5:00p: Evening News
7 9:00a: Sunday Blessings 10:00a: Bible Readings 11:00a: In Room Visits 2:00p: Church Hymns 3:00p: Sing Along 5:00p: Evening News	8 9:00a: Coffee News 10:00a: Exercise 11:00a: Music Corner 2:00p: Baking Creations 3:00p: In Room Visits 5:00p: Evening News	9 9:00a: Let's Get Moving 10:00a: Spiritual Program 11:00a: One on One 2:00p: Men's Corner 3:00p: In Room Visits 5:00p: Evening News	10 9:00a: Coffee News 10:00a: Morning Stroll 11:00a: Card Games 2:00p: Learning About Harriet Tubman 3:00p: One on One 5:00p: Evening News	11 9:00a: Joy of Motion 10:00a: Sitter-Cise 11:00a: Puzzle Time 2:00p: Popcorn Lover's Day 3:00p: Irish Oat Cookies 5:00p: Evening News	12 9:00a: Rise & Shine 10:00a: Pretty Nails/ Mani 11:00a: Mix & Mingle 2:00p: Balloon Tennis 3:00p: In Room Visits 5:00p: Evening News	13 9:00a: Morning Smiles 10:00a: Table Ball 11:00a: Card Games 2:00p: Afternoon Stroll 3:00p: One on One 5:00p: Evening News
14 9:00a: Sunday Blessing 10:00a: Sing Along. 11:00a: One on One 2:00p: Shamrock Suncatcher 3:00p: Card Games 5:00p Evening News	15 9:00a: Coffee News 10:00a: Sitter-cise 11:00a: Guess the Vegetable. 2:00p: Zumba Class 3:00p: One on One 5:00p: Evening News	16 9:00a: Let's Get Moving 10:00a: Panda Bear Day 11:00a: Card Games 2:00p: Men's Corner 3:00p: Checkers 5:00p: Evening News	17 9:00a: Coffee News 10:00a: Music w/ Tom Melady 11:00a: Mix & Mingle 2:00p: St 'Patrick Day Social 3:00p: Spring Flower Prints 5:00p: Evening News	18 9:00a: Joy of Motion 10:00a: Pretty Nails/ Mani 11:00a: Music Corner 2:00p: Milk Jug Ball Toss 3:00p: One on One 5:00p: Evening News	19 9:00a: Rise & Shine 10:00a: Pretty Nails/Mani 11:00a: One on One 2:00p: Snowman Ball Bounce 3:00p: Comic Relief 5:00p: Evening News	20 9:00a: Morning Smiles 10:00a: Hallway Walks 11:00a: Relaxation 2:00p: Crosswords Club 3:00p: Puzzles Fun 5:00p: Evening News
21 9:00a: Sunday Blessing 10:00a: Sunday Hymns 11:00a: Board Games 2:00p: Bible Reading 3:00p: One on One 5:00p: Evening News	22 9:00a: Coffee news 10:00a: Exercise 11:00a: Music Corner 2:00p: Baking Creations 3:00p: In Room Visits 5:00p: Evening News	23 9:00a: Lets Get Moving 10:00a: Cute Puppy Video 11:00a: Homemade Doggies 2:00p: Nat'l Chip and Dip Day 3:00p: In Room Visits 5:00p: Evening News	24 9:00a: Coffee News 10:00a: Morning Stroll 11:00a: Flower Clips 2:00p: Elvis Move 3:00p: One on One 5:00p: Evening News	25 9:00a: Joy of Motion 10:00a: Pretty Nails /Mani 11:00a: 2:00p: Bead Necklaces 3:00p: 5:00p: Evening News	26 9:00a: Rise & Shine 10:00a: Pretty Nails/ Mani 11:00a: Playing Connect Four 2:00p: Hula Hoop Contest 3:00p: Reading Poems 5:00p: Evening News	27 9:00a: Morning News 10:00a: Noodle Ball 11:00a: Music Therapy 2:00p: Color me Calm 3:00p: In Room Visits 5:00p: Evening News
28 9:00a: Sunday Blessing 10:00a Bible Reading 11:00a: Card Games 2:00p: Bible Reading 3:00p: Music Therapy 5:00p: Evening News	29 9:00a: Coffee News 10:00a: Sitter-cise 11:00a: Funny Tweets 2:00p: Art Therapy 3:00p: One on One 5:00p: Evening News	30 9:00a: Let's Get Moving 10:00a: Singing Broadway Songs 11:00a: One on One 2:00p: Making Lemonade. 3:00p: Soup Making Tips 5:00p: Evening News	31 9:00a: Coffee News 10:00a: Music w/ Tom Melady 11:00a: Grain Tasting 2:00p: Computer Cardio 3:00p:Checker 5:00p: Evening News	Happy Birthday Efrain.P 3 RD Jobeth .F 17 th Residents Biolanda. G 14 TH		



SODALIS
VICTORIA

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY