

# MARCH 2021



**SODALIS**  
GARDEN RIDGE

MEMORY CARE

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY   |
|---|---|--|---|--|--|--|
|   | <b>1</b> 9:15 Get Fit<br>10:00 Monday Devotion<br>10:30 Puzzles<br>12:30 Colorful Piggy Banks<br>1:30 Name That Tune<br>3:00 Target Toss<br>6:00 Poetry Reading   | <b>2</b> 9:15 Morning Stretch<br>10:00 Daily Chronicles<br>10:30 Crafty Creations<br>12:30 Pipe Cleaner People<br>1:30 Soothing Sounds<br>3:00 Remembering Dr. Seuss<br>6:00 It's Humorous | <b>3</b> 9:15 Sittercise<br>10:00 News & Views<br>10:30 Game Day<br>12:30 Bean Pictionary<br>1:30 Fingerpaint Trains<br>3:00 Parachute Fun<br>6:00 Evening Chat       | <b>4</b> 9:15 Get Fit<br>10:00 Devotion & Prayer<br>10:30 Back Porch Chat<br>12:30 Colorful Bookmarks<br>1:30 Music Appreciation<br>3:00 Noodle Ball<br>6:00 Tell A Tale | <b>5</b> 9:15 Morning Stretch<br>10:00 Daily Chronicles<br>10:30 Trash Can Basketball<br>12:30 Manicures<br>1:30 Let's Dance<br>3:00 Bowling<br>6:00 Word Games    | <b>6</b> 9:15 Sittercise<br>10:00 News & Views<br>10:30 Creative Minds<br>12:30 Limerick Challenge<br>1:30 Sing Along<br>3:00 Afternoon Stroll<br>6:00 Trivia    |
| <b>7</b> 9:15 Sittercise<br>10:00 Sunday Blessings<br>10:30 Painting<br>12:30 Colorful PomPoms<br>1:30 Sunday Hymns<br>3:00 Balloon Volleyball<br>6:00 Reminiscing        | <b>8</b> 9:15 Get Fit<br>10:00 Monday Devotion<br>10:30 Puzzles<br>12:30 Name the Occupation<br>1:30 Noodle Ball<br>3:00 Target Toss<br>6:00 Poetry Reading       | <b>9</b> 9:15 Morning Stretch<br>10:00 Daily Chronicles<br>10:30 Bubble Clap<br>12:30 Caricatures<br>1:30 Soothing Sounds<br>3:00 Name Game<br>6:00 It's Humorous                          | <b>10</b> 9:15 Sittercise<br>10:00 News & Views<br>10:30 Game Day<br>12:30 Guess Who This Is?<br>1:30 Odd Couple Social<br>3:00 Parachute Fun<br>6:00 Evening Chat    | <b>11</b> 9:15 Get Fit<br>10:00 Devotion & Prayer<br>10:30 Back Porch Chat<br>12:30 Dream Jars<br>1:30 Music & Nails<br>3:00 Noodle Ball<br>6:00 Tell A Tale             | <b>12</b> 9:15 Morning Stretch<br>10:00 Daily Chronicles<br>10:30 Arts & Crafts<br>12:30 Target Toss<br>1:30 Bird Counting Walk<br>3:00 Bowling<br>6:00 Word Games | <b>13</b> 9:15 Sittercise<br>10:00 News & Views<br>10:30 Creative Minds<br>12:30 Watercolor Greetings<br>1:30 Sing Along<br>3:00 Afternoon Stroll<br>6:00 Trivia |
| <b>14</b> 9:15 Sittercise<br>10:00 Sunday Blessings<br>10:30 Painting<br>12:30 Shamrock Suncatcher<br>1:30 Sunday Hymns<br>3:00 Balloon Volleyball<br>6:00 Reminiscing    | <b>15</b> 9:15 Get Fit<br>10:00 Monday Devotion<br>10:30 Puzzles<br>12:30 Funny Stories<br>1:30 Name That Tune<br>3:00 Target Toss<br>6:00 Poetry Reading         | <b>16</b> 9:15 Morning Exercise<br>10:00 Daily Chronicles<br>10:30 Favorite First Lady<br>12:30 Matinee<br>1:30 Soothing Sounds<br>3:00 Reading Travel Stories<br>6:00 It's Humorous       | <b>17</b> 9:15 Sittercise<br>10:00 News & Views<br>10:30 Game Day<br>12:30 Greatest Crooners<br>1:30 Music & Hand Massages<br>3:00 Parachute Fun<br>6:00 Evening Chat | <b>18</b> 9:15 Get Fit<br>10:00 Devotion & Prayer<br>10:30 Back Porch Chat<br>12:30 Ball Toss<br>1:30 Music & Nails<br>3:00 Noodle Ball<br>6:00 Tell A Tale              | <b>19</b> 9:15 Morning Stretch<br>10:00 Daily Chronicles<br>10:30 Short Jokes<br>12:30 Match Game<br>1:30 Let's Dance<br>3:00 Bowling<br>6:00 Word Games           | <b>20</b> 9:15 Baseball Hits<br>10:00 News & Views<br>10:30 Creative Minds<br>12:30 Story Stones<br>1:30 Sing Along<br>3:00 Afternoon Stroll<br>6:00 Trivia      |
| <b>21</b> 9:15 Sittercise<br>10:00 Sunday Blessings<br>10:30 Texas Fun Facts<br>12:30 Color-by-Number<br>1:30 Sunday Hymns<br>3:00 Balloon Volleyball<br>6:00 Reminiscing | <b>22</b> 9:15 Hallway Walk<br>10:00 Monday Devotion<br>10:30 Puzzles<br>12:30 Beach Volleyball<br>1:30 Name That Tune<br>3:00 Target Toss<br>6:00 Poetry Reading | <b>23</b> 9:15 Morning Stretch<br>10:00 Daily Chronicles<br>10:30 Scavenger Hunt<br>12:30 Matinee<br>1:30 Soothing Sounds<br>3:00 Making Flashcards<br>6:00 It's Humorous                  | <b>24</b> 9:15 Sittercise<br>10:00 News & Views<br>10:30 Game Day<br>12:30 Elvis Moves<br>1:30 Music & Hand Massages<br>3:00 Parachute Fun<br>6:00 Evening Chat       | <b>25</b> 9:15 Get Fit<br>10:00 Devotion & Prayer<br>10:30 Back Porch Chat<br>12:30 Broadcasting Legends<br>1:30 Music & Nails<br>3:00 Noodle Ball<br>6:00 Tell A Tale   | <b>26</b> 9:15 Morning Stretch<br>10:00 Daily Chronicles<br>10:30 Arts & Crafts<br>12:30 Acorn Pitch<br>1:30 Ukulele Dance Off<br>3:00 Bowling<br>6:00 Word Games  | <b>27</b> 9:15 Sittercise<br>10:00 News & Views<br>10:30 Paint-by-Number<br>12:30 Balloon Volleyball<br>1:30 Sing Along<br>3:00 Afternoon Stroll<br>6:00 Trivia  |
| <b>28</b> 9:15 Sittercise<br>10:00 Sunday Blessings<br>10:30 Painting<br>12:30 Ring Toss on the Patio<br>1:30 Sunday Hymns<br>3:00 Balloon Volleyball<br>6:00 Reminiscing | <b>29</b> 9:15 Get Fit<br>10:00 Monday Devotion<br>10:30 Puzzles<br>12:30 Broadway Hits<br>1:30 Match Game<br>3:00 Bowling<br>6:00 Poetry Reading                 | <b>30</b> 9:15 Morning Stretch<br>10:00 Daily Chronicles<br>10:30 Sock Matching Game<br>12:30 Matinee<br>1:30 Laundry Basketball Bounce<br>3:00 Name Game<br>6:00 It's Humorous            | <b>31</b> 9:15 Sittercise<br>10:00 News & Views<br>10:30 Game Day<br>12:30 Name That Dessert<br>1:30 Music & Hand Massages<br>3:00 Parachute Fun<br>6:00 Evening Chat |  | <b>Happy Birthday!!!</b><br><br><b>Lucille 13<sup>th</sup></b><br><b>Betty (33) 24<sup>th</sup></b>  |  |