



Sodalis Largo

Memory Care

March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY TO COLOR CODES: MUSIC / GATHERING OUTING (SIGN-UP @DESK) MINDFUL CREATIVE SPIRITUAL FITNESS / HEALTHY GAME	1 Peanut Butter Lovers' Day 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Morning Stroll – Garden 11:30 Helping Hands 1:15 One on One 2:00 Giant Dominoes 3:00 Coloring Calm 4:00 Rhyme Time	2 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Bean Bag Toss 11:30 Helping Hands 1:15 One on One 2:00 Aromatherapy & Manicures 3:00 Ring Toss 4:00 Before Dinner Sip & Chat	3 9:30 Porch Talk 10:00 Music with Tara – Lobby 11:30 Helping Hands 1:15 One on One 2:00 Table Games 3:00 Craft n' Create 4:00 Finishing Lines	4 9:30 Sit & Stretch 10:00 Top o' the Mornin' Social – 2 nd 10:30 Kick Ball 11:30 Helping Hands 1:15 One on One 2:00 Aromatherapy & Manicures 3:00 Noodle Ball 4:00 Shake It Up!	5 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Morning Stroll – Garden 11:30 Helping Hands 1:15 One on One 2:00 Color BINGO! 3:00 Happy Hour – Lobby 4:00 Before Dinner Sip & Chat	6 10:00 Morning Stroll – Garden 10:30 Hydrate & Snack 11:15 Helping Hands 1:15 R&R 2:00 Hands On 3:00 Balloon Toss 6:00 Evening Movie
7 10:00 Morning Stroll – Garden 10:30 Hydrate & Snack 11:15 Helping Hands 1:15 R&R 2:00 Color Me Happy 3:00 Folding & Sorting	8 International Women's Day 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Morning Stroll – Garden 11:30 Helping Hands 1:15 One on One 2:00 Giant Dominoes 3:00 Coloring Calm 4:00 Name Three	9 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Bean Bag Toss 11:30 Helping Hands 1:15 One on One 2:00 Aromatherapy & Manicures 3:00 Ring Toss 4:00 Before Dinner Sip & Chat	10 9:30 Porch Talk 10:00 Hydrate and Snack 10:30 Gardening 11:30 Helping Hands 1:15 One on One 2:00 Table Games 3:00 Watercolor Painting 4:00 Table Topics	11 Popcorn Lovers' Day 9:30 Sit & Stretch 10:00 Building Blocks 10:30 Kick Ball 11:30 Helping Hands 1:15 One on One 2:00 Aromatherapy & Manicures 2:45 Popcorn Social – 2 nd 3:00 Noodle Ball 4:00 Shake It Up!	12 Middle Name Pride Day 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Morning Stroll – Garden 11:30 Helping Hands 1:15 One on One 2:00 Color BINGO! 3:00 Happy Hour – Lobby 4:00 Before Dinner Sip & Chat	13 10:00 Morning Stroll – Garden 10:30 Hydrate & Snack 11:15 Helping Hands 1:15 R&R 2:00 Hands On 3:00 Balloon Toss 6:00 Evening Movie
14 Daylight Savings Time Begins 10:00 Morning Stroll – Garden 10:30 Hydrate & Snack 11:15 Helping Hands 1:15 R&R 2:00 Color Me Happy 3:00 Folding & Sorting	15 9:30 Sit & Stretch 10:00 Scenic Drive 11:30 Helping Hands 1:15 One on One 2:00 Giant Dominoes 3:00 Coloring Calm 4:00 Rhyme Time	16 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Bean Bag Toss 11:30 Helping Hands 1:15 One on One 2:00 Aromatherapy & Manicures 3:00 Ring Toss 4:00 Before Dinner Sip & Chat	17 St. Patrick's Day 9:30 Porch Talk 10:00 Hydrate and Snack 10:30 Gardening 11:30 Helping Hands 1:15 One on One 2:00 Table Games 3:00 St. Patrick's Day Social – Lobby 4:00 Finishing Lines	18 9:30 Sit & Stretch 10:00 Music with Craig – Lobby 11:30 Helping Hands 1:15 One on One 2:00 Aromatherapy & Manicures 3:00 Noodle Ball 4:00 Shake It Up!	19 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Morning Stroll – Garden 11:30 Helping Hands 1:15 One on One 2:00 Color BINGO! 3:15 Spring Solstice Social – Lobby 4:00 Before Dinner Sip & Chat	20 Start of Spring 10:00 Morning Stroll – Garden 10:30 Hydrate & Snack 11:15 Helping Hands 1:15 R&R 2:00 Hands On 3:00 Balloon Toss 6:00 Evening Movie
21 10:00 Morning Stroll – Garden 10:30 Hydrate & Snack 11:15 Helping Hands 1:15 R&R 2:00 Color Me Happy 3:00 Folding & Sorting	22 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Morning Stroll – Garden 11:30 Helping Hands 1:15 One on One 2:00 Giant Dominoes 3:00 Coloring Calm 4:00 Name Five	23 National Puppy Day 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Bean Bag Toss 11:30 Helping Hands 1:15 One on One 2:00 Aromatherapy & Manicures 3:00 Ring Toss 4:00 Before Dinner Sip & Chat	24 9:30 Porch Talk 10:00 Hydrate and Snack 10:30 Gardening 11:30 Helping Hands 1:15 One on One 2:00 Table Games 3:00 Watercolor Painting 4:00 Table Topics	25 Greek Independence Day 9:30 Sit & Stretch 10:00 Music with Rick & Debbie – Lobby 11:30 Helping Hands 1:15 One on One 2:00 Aromatherapy & Manicures 3:15 Armchair Travel: Greece – 2 nd 4:00 Shake It Up!	26 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Morning Stroll – Garden 11:30 Helping Hands 1:15 One on One 2:00 Music with Tim 3:00 Happy Hour – Lobby 4:00 Before Dinner Sip & Chat	27 10:00 Morning Stroll – Garden 10:30 Hydrate & Snack 11:15 Helping Hands 1:15 R&R 2:00 Hands On 3:00 Balloon Toss 6:00 Evening Movie
28 10:00 Morning Stroll – Garden 10:30 Hydrate & Snack 11:15 Helping Hands 1:15 R&R 2:00 Color Me Happy 3:00 Folding & Sorting	29 9:30 Sit & Stretch 10:00 Scenic Drive 11:30 Helping Hands 1:15 One on One 2:00 Giant Dominoes 3:00 Coloring Calm 4:00 Rhyme Time	30 9:30 Sit & Stretch 10:00 Hydrate and Snack 10:30 Bean Bag Toss 11:30 Helping Hands 1:15 One on One 2:00 Aromatherapy & Manicures 3:00 Ring Toss 4:00 Before Dinner Sip & Chat	31 9:30 Porch Talk 10:00 Hydrate and Snack 10:30 Gardening 11:30 Helping Hands 1:15 One on One 2:00 Table Games 3:00 Craft n' Create 4:00 Finishing Lines			Happy Birthday! Mary G. – 5 th Jean B. – 19 th Louise B. – 29 th

****ACTIVITIES AND TIMES MAY BE ADAPTED TO MEET THE CHANGING NEEDS OF OUR RESIDENTS****