


Sodalis Largo

Assisted Living

March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY TO COLOR CODES: MUSIC / GATHERING OUTING (SIGN-UP @ DESK) MINDFUL CREATIVE SPIRITUAL FITNESS / HEALTHY GAME	1 Peanut Butter Lovers' Day 9:00 Walking Club - Garden 10:00 Morning Exercise – 2 nd 10:30 Helping Hands – 2 nd 11:00 Lets Talk: Irish Slang – 2 nd 1:00 Aromatherapy & Manicures – 2 nd 3:15 You Be the Judge – 2 nd 4:30 Riddle Me This – L	2 9:00 Walking Club - Garden 10:00 Sit & Stretch – 2 nd 10:45 Noodle Ball – 2 nd 2:00 Uno Card Game – 2 nd 3:00 Traveling Treats 4:15 Trivia Time – L 6:15 Bible Study – 2 nd	3 9:00 Walking Club –Garden 9:30 Bookmobile Drop Off 10:00 Music with Tara – L 11:00 Morning Stretch – 2 nd 2:00 Sweet BINGO! – DR 3:15 Coloring Calm – 2 nd 4:15 Run the Alphabet – L	4 9:00 Walking Club –Garden 10:00 Top o' the Mornin' Social – 2 nd 11:00 Caring Cards – 2 nd 1:15 Stuck in the Mud – 2 nd 2:30 Healthy Snack & Topics – 2 nd 3:15 Armchair Travel Ireland – 2 nd 4:15 List It! – L 6:15 Evening Movie – Lobby	5 9:00 Walking Club –Garden 10:00 Pet Visits with Molly 11:00 Finishing Phrases – 2 nd 2:00 BINGO! – Dining Room 3:15 Happy Hour – L	6 National Oreo Day 10:00 Grab & Go Activity Packets – FD 11:00 Sun Seekers – Garden 2:00 Activity Cabinet – 2 nd 6:15 Evening Movie – L
7 10:00 Grab & Go Word Search – FD 11:00 Sun Seekers – Garden 2:00 Activity Cabinet – 2 nd 6:15 Evening Movie – L	8 Int'l Women's Day 9:00 Walking Club - Garden 10:00 Scenic Drive 10:30 Kick Ball – 2 nd 11:00 Toss n' Talk – 2 nd 1:00 Aromatherapy & Manicures – 2 nd 3:15 Group Crossword – 2 nd 4:30 Name Ten – L	9 9:00 Walking Club - Garden 10:00 Sit & Stretch – 2 nd 10:45 Noodle Ball – 2 nd 2:00 Garbage Card Game-2 nd 3:00 Traveling Treats 4:15 Trivia Time – L 6:15 Bible Study – 2 nd	10 9:00 Walking Club –Garden 10:00 Mini Market Table – 2 nd 11:00 Morning Stretch – 2 nd 2:00 Sweet BINGO! – DR 3:15 Craft n' Create: Sock Owls – 2 nd 4:15 Scattergories – L	11 Popcorn Lovers' Day 9:00 Walking Club –Garden 10:00 Sit & Stretch – 2 nd 10:30 Ball Toss – 2 nd 11:00 Caring Cards – 2 nd 1:30 Dominoes – 2 nd 2:45 Popcorn Social – 2 nd 4:15 Wordplay – L 6:15 Evening Movie – Lobby	12 Middle Pride Name Day 9:00 Walking Club –Garden 10:00 Pet Visits with Molly 11:00 Talking Idioms – 2 nd 2:00 BINGO! – Dining Room 3:15 Happy Hour – L	13 10:00 Grab & Go Activity Packets – FD 11:00 Sun Seekers – Garden 2:00 Activity Cabinet – 2 nd 6:15 Evening Movie – L
14 Daylight Savings Time Begins 10:00 Grab & Go Word Search – FD 11:00 Sun Seekers – Garden 2:00 Activity Cabinet – 2 nd 6:15 Evening Movie – L	15 9:00 Walking Club - Garden 10:00 Morning Exercise – 2 nd 10:30 Helping Hands – 2 nd 11:00 Lets Talk: Ides of March – 2 nd 1:00 Aromatherapy & Manicures – 2 nd 3:15 Wheel of Fortune – 2 nd 4:30 Riddle Me This – L	16 9:00 Walking Club - Garden 10:00 Sit & Stretch – 2 nd 10:45 Noodle Ball – 2 nd 1:30 Food & Resident Council Meeting – DR 4:15 Trivia Time – L 6:15 Bible Study – 2 nd	17 St. Patrick's Day 9:00 Walking Club –Garden 9:30 Bookmobile Drop Off 10:00 Mini Market Table – 2 nd 11:00 Morning Stretch – 2 nd 1:30 Sweet BINGO! – DR 3:00 St. Patrick's Day Social - L 4:15 Run the Alphabet – L	18 9:00 Walking Club –Garden 10:00 Music with Craig – L 1:15 Cover the Number – 2 nd 2:45 Healthy Snack & Reminiscing – 2 nd 3:15 Story Read & Discussion – 2 nd 4:15 List It! – L 6:15 Evening Movie – Lobby	19 9:00 Walking Club –Garden 10:00 Pet Visits with Molly 11:00 Name Three – 2 nd 2:00 BINGO! – Dining Room 3:15 Spring Solstice Social- L	20 Start of Spring 10:00 Grab & Go Activity Packets – FD 11:00 Sun Seekers – Garden 2:00 Activity Cabinet – 2 nd 6:15 Evening Movie – L
21 10:00 Grab & Go Word Search – FD 11:00 Sun Seekers – Garden 2:00 Activity Cabinet – 2 nd 6:15 Evening Movie – L	22 9:00 Walking Club - Garden 10:00 Scenic Drive 10:30 Flickin' Chicken – 2 nd 11:00 Toss n' Talk – 2 nd 1:00 Aromatherapy & Manicures – 2 nd 3:15 You Be the Judge – 2 nd 4:30 Name Five – L	23 National Puppy Day 9:00 Walking Club - Garden 10:00 Sit & Stretch – 2 nd 10:45 Noodle Ball – 2 nd 2:00 7's Card Game – 2 nd 3:00 Traveling Treats 4:15 Trivia Time – L 6:15 Bible Study – 2 nd	24 9:00 Walking Club –Garden 10:00 Mini Market Table – 2 nd 11:00 Morning Stretch – 2 nd 2:00 Sweet BINGO! – DR 3:15 Craft n' Create: Felt Flower Wreath – 2 nd 4:15 Scattergories – L	25 Greek Independence Day 9:00 Walking Club –Garden 10:00 Music with Rick & Debbie – L 1:15 Six – 2 nd 2:15 Ice Cream Floats – 2 nd 3:15 Armchair Travel: Greece – 2 nd 4:15 Wordplay – L 6:15 Evening Movie – Lobby	26 9:00 Walking Club –Garden 10:00 Pet Visits with Molly 11:00 Finishing Lines – 2 nd 2:00 Music with Tim – 3 rd 2:00 BINGO! – Dining Room 3:15 Happy Hour – L	27 10:00 Grab & Go Activity Packets – FD 11:00 Sun Seekers – Garden 2:00 Activity Cabinet – 2 nd 6:15 Evening Movie – L
28 10:00 Grab & Go Word Search – FD 11:00 Sun Seekers – Garden 2:00 Activity Cabinet – 2 nd 6:15 Evening Movie – L	29 9:00 Walking Club - Garden 10:00 Morning Exercise – 2 nd 10:30 Helping Hands – 2 nd 11:00 Table Topics – 2 nd 1:00 Aromatherapy & Manicures – 2 nd 3:15 Group Crossword – 2 nd 4:30 Riddle Me This – L	30 9:00 Walking Club - Garden 10:00 Sit & Stretch – 2 nd 10:45 Noodle Ball – 2 nd 2:00 Rummy Card Game – 2 nd 3:00 Traveling Treats 4:15 Trivia Time – L 6:15 Bible Study – 2 nd	31 9:00 Walking Club –Garden 9:30 Bookmobile Drop Off 10:00 Mini Market Table – 2 nd 11:00 Morning Stretch – 2 nd 2:00 Prize BINGO! – DR 3:15 Coloring Calm – 2 nd 4:15 Run the Alphabet – L			LOCATION KEY L – 1 st Floor Lobby DR – Dining Room 2 nd – 2 nd Floor Lobby FD – Front Desk 3 rd – Memory Care Lobby

**** ACTIVITIES AND TIMES MAY BE ADAPTED TO MEET THE CHANGING NEEDS OF OUR RESIDENTS***

Happy Birthday!
 Mary G. – 5th
 Jean B. – 19th
 Louise B. – 29th