

## MEMORY CARE

## ..... **MONDAY TUESDAY** WEDNESDAY **THURSDAY** FRIDAY SUNDAY **SATURDAY** 2 10:00AM-SIT N BE FIT/SNACK 3 10:00AM-UPPER BODY 4 10:00AM-SIT N BE FIT/SNACK 10:00AM-YOGA 10:00AM-LEG EXCERISE 10:00AM-SIT N BE FIT/SNACK 11AM-RING TOSS **EXCERISE/SNACK BEATS/SNACK** 11AM-PLAYDOUGH FUN 11AM-TABLE BALL 11AM-TABLE BALL 1PM-Q-TIP PAINTING 11AM-JUMBO BOWLING **1PM-MANICURES** 11AM-HAND MASSAGES **1PM-CRAFTY CREATIONS** 1PM-MANICURES 3PM-BINGO FUN/SNACK 3PM-SING WITH ME/SNACK 1PM-SCENT GUESSING 3PM-SING WITH ME/SNACK 1PM-KARAOKE **3PM-SING WITH ME/SNACK** 3:30PM-ESSENTIAL OILS **3PM-SING WITH ME/SNACK 5PM-COMEDY NIGHT 3PM-DANCE WITH 5PM-MOVIE NIGHT 5PM-COMEDY NIGHT 5PM-COMEDY NIGHT 5PM-POETRY CIRCLE ME/SNACK** COMEDY **5PM-POETRY CIRCLE WACKY HAIR DAY NATIONAL DONUT DAY** 8 10:00AM-BE FIT 9 10:00AM-UPPER BODY **10** 10:00AM-SIT N BE **13** 10:00AM-BE FIT 10:00AM-LOWER BODY **11**0:00AM-YOGA **12**10:00AM-LEG EXCERISE **EXCERISE/SNACK EXCERISE/SNACK** FIT/SNACK **BEATS/SNACK** 11AM-DRESS UP FUN VIDEO/SNACK VIDEO/SNACK 11AM-SUNDAY SCRIPTURES **11AM- STORY TIME** 11AM-OUTSIDE WALK 11AM-HAND MASSAGES 1PM-CRAFTY CREATIONS 11AM-FISHING GAME **11AM-FISHING GAME** 1PM-KICK BALL 1PM-PUZZLE FUN 1PM-DRESS UP DAY 1PM-BUILDING BLOCKS **3PM-BINGO FUN/SNACK** 1PM- MANICURES **1PM-MONDAY MANICURES** 3PM-SING WITH ME/SNACK 3:30PM-ESSENTIAL OILS **3PM-NOODLE FUN/SNACK 3PM-OUTSIDE 3PM-DANCE WITH ME/SNACK 3PM-JUMBO BOWLING 3PM-MUSIC FUN /SNACK 5PM-POETRY CIRCLE 5PM-COMEDY NIGHT** STROLL/SNACK **5PM-POETRY CIRCLE 5PM-MOVIE NIGHT** /SNACK 3:30PM-ESSENTIAL OILS MOVIE NATIONAL CHOCOLATE ICE **5PM-MOVIE NIGHT 5PM-REMINISING 5PM-REMINISING** poetry **CREAM DAY 80'S DAY** 14 10:00AM-LOWER BODY 15 10:00AM-UPPER BODY 16 10:00AM-SIT N BE 10:00AM-YOGA 19 10:00AM-LEG EXCERISE **10:00AM-SIT N BE EXCERISE/SNACK EXCERISE/SNACK** FIT/SNACK FIT/SNACK **BEATS/SNACK** 11AM-TABLE BALL 10:00AM-BE FIT VIDEO/SNACK 11AM-SUNDAY 11AM-CORN HOLE **11AM-TABLE GAMES** 11AM-TABLE BALL 11AM-HAND MASSAGES 1PM-CRAFTY CREATIONS **11AM-FISHING GAME SCRIPTURES** 1PM-PUZZLE FUN 1PM-KARAOKE **1PM-MANICURES** 1PM-BALLOON FUN 3PM-BINGO FUN/SNACK 1PM-ICE CREAM SOCIAL **3PM-OUTSIDE 3PM-DANCE WITH 5PM-MOVIE NIGHT** 1PM-KICK BALL **3PM-SING WITH 3PM-SING WITH** 3PM-COLOR WITH ME /SNACK 3PM-NOODLE FUN/SNACK ME/SNACK STROLL/SNACK ME/SNACK ME/SNACK 3:30PM-ESSENTIAL OILS **5PM-COMEDY NIGHT 5PM-POETRY CIRCLE 5PM-MOVIE NIGHT 5PM-COMEDY NIGHT 5PM-POETRY CIRCLE 5PM-REMINISING CRAZY SHIRT DAY** FIRST DAY OF SUMMER 23 10:00AM-SIT N BE **24** 10:00AM-SIT N BE 21 10:00AM-LOWER BODY 22 10:00AM-UPPER BODY 10:00AM-YOGA 10:00AM-LEG EXCERISE 10:00AM-BE FIT VIDEO/SNACK **EXCERISE/SNACK EXCERISE/SNACK** FIT/SNACK FIT/SNACK **BEATS/SNACK** 11AM-MUSIC CLASS 11AM-FISHING GAME 1PM-CRAFTY CREATIONS 11AM-SUNDAY 11AM-JUMBO BOWLING 11AM-BEAUTY SHOP 11AM-HAND MASSAGES 1PM-Q-TIP PAINTING **3PM-BINGO FUN/SNACK** 1PM- MANICURES **SCRIPTURES** 1PM-SCENT GUESSING 1PM-HAPPY HOUR 1PM-CONNECT FOUR 3PM-SING WITH ME/SNACK 3PM-OUTSIDE KICK BALL **5PM-MOVIE NIGHT** 1PM-KICK BALL **3PM-SING WITH 3PM-OUTSIDE** 3:30PM-ESSENTIAL OILS **3PM-DANCE WITH** /SNACK 3PM-NOODLE FUN/SNACK ME/SNACK ME/SNACK STROLL/SNACK **5PM-COMEDY NIGHT** 3:30PM-ESSENTIAL OILS **5PM-COMEDY NIGHT 5PM-POETRY CIRCLE** 3:30PM-ESSENTIAL OILS **MITCH MATCH DAY 5PM-POETRY CIRCLE** 5PM-REMINISING **FATHERS DAY 5PM-MOVIE NIGHT** 20 10:00AM-SIT N BE 29 10:00AM-UPPER BODY 28 10:00AM-LOWER BODY HAPPY BIRTHDAY **HAPPY BIRTHDAY** FIT/SNACK **EXCERISE/SNACK EXCERISE/SNACK** LINDA 20TH **STAFF** 11AM-CARD MAKING 11AM-SUNDAY 11AM-COUPON CLIPPING 1PM-PAINT WITH ME **SCRIPTURES** 1PM-PUZZLE FUN **3PM-OUTSIDE** 1PM-KICK BALL **3PM-SING WITH ME/SNACK** STROLL/SNACK 3PM-NOODLE FUN/SNACK 3:30PM-ESSENTIAL OILS **5PM-MOVIE NIGHT 5PM-COMEDY NIGHT 5PM-POETRY CIRCLE POT LUCK**